

alzheimer's  association®

alzheimer's and dementia caregiver center

alz.org/care



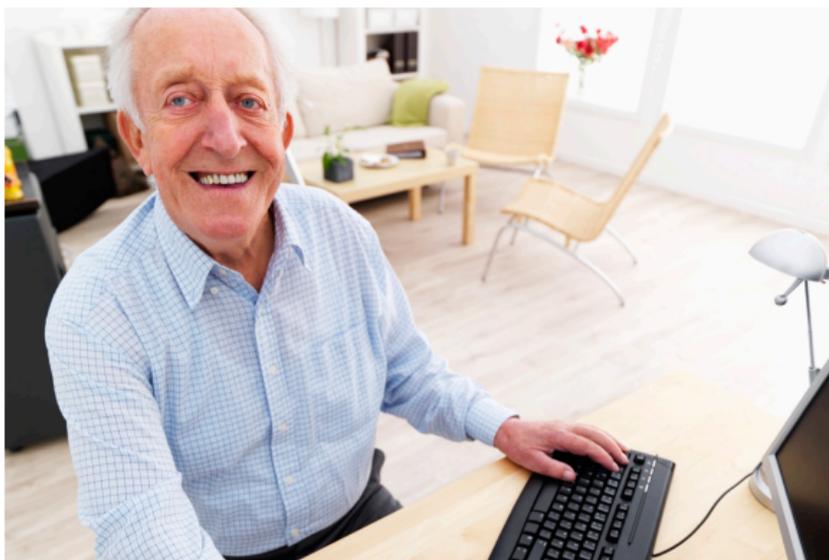
alzheimer's and dementia care help and support

Caring for a person with Alzheimer's or dementia often involves a team of people. Whether you provide daily care (e.g., assisting with meals and bathing), participate in the decision making (e.g., making care arrangements and legal and financial plans) or simply care about a person with the disease — there's much to do and plenty to know. But it doesn't have to be a lot of work to find the resources and support you need. The Alzheimer's Association® Alzheimer's and Dementia Caregiver Center (alz.org/care) can help.

Get reliable information on:

- › Early-, middle- and late-stage caregiving
- › Behaviors
- › Daily care
- › Caregiving skills and training
- › Respite care
- › Care facilities
- › Costs that may be faced
- › Legal documents
- › Safety

The screenshot shows the Alzheimer's and Dementia Caregiver Center website. At the top, the header includes the site name and a 24/7 Helpline number: 1.800.272.3900. Below the header is a navigation menu with categories: Caregiver Home, Daily Care, Stages & Behaviors, Get Support, Safety, Care Options, and Financial & Legal Planning. The main content area features a large article titled "Caregivers for Alzheimer's and Dementia Face Special Challenges" with a sub-header "What to Expect" and a "Learn more" link. Below the article are three columns of related content: "Get day-to-day help" (Behaviors, Communication, Activities, Respite care, Memory loss), "Get support" (Your local chapter, Message boards, Support groups, Your health, Care training), and "Plan for the future" (Legal matters, Care options, Paying for care, Safety, Dementia & driving). The page also includes a breadcrumb trail, a text size selector, and a page number indicator (1, 2, 3).



Access Alzheimer's Association tools:

ALZConnected[®]

A community where people with Alzheimer's and other dementias, caregivers and others affected by the disease can share questions, experiences and practical tips via message boards or create private groups organized around specific topics.

Alzheimer's Navigator[®]

An interactive tool for people living with dementia and those who participate in providing care and making care-related decisions that evaluates needs, outlines action steps and links the user to local services and Association programs.

Community Resource Finder

A comprehensive database powered by CareLike[®] that allows people to easily locate dementia resources, programs and services in their area.

Care Team Calendar

A free, personalized tool, powered by Lotsa Helping Hands, that makes it easy to organize family and friends who want to help with caregiving and share activities and information among the care team.

alz.org/care



alz.org/care

The Alzheimer's and Dementia Caregiver Center provides reliable information and easy access to helpful resources.



alz.org/training

Free online workshop series:
Living with Alzheimer's: For Caregivers



alz.org/findus

Support groups, education programs and more available in communities nationwide.



800.272.3900

24/7 Helpline – Available all day, every day.

alzheimer's association®

The Alzheimer's Association is the leading voluntary health organization in Alzheimer's care, support and research. Our mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

Our vision is a world without Alzheimer's®.

800.272.3900 | alz.org®

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